

Call 211 from your home phone or call 955-0742 from your cell phone for resource referrals within El Paso County
Helping Hands Community Resources

Child Care Information

Child Care Connections..... 638-2057
 Colorado Child Care Assistance Program (to apply)..... 444-8178
 Pikes Peak Region Family Child Care Assn. 475-8828

Clothing and Infant Supplies

American Charities (80909) 646-3922
 Crossfire Ministries..... 447-1806
 Disabled American Veteran's Store..... 636-2537
 Eastern El Paso Comm. Center (Eastern El Paso Cty) 347-2976
 Ecumenical Social Ministries
 (Zip Codes 80903, 05, 06, 07, 09, 10, 16, 26) 636-1916
 Goodwill Stores, 2304 W. Colorado Ave..... 633-8794
 S. Circle, East of I-25 635-1215
 6725 Camden Blvd. Fountain 392-5744
 2655 Waynoka Place 570-9223
 1070 Kelly Johnson Blvd. 531-9173
 Life Support Program 578-1222
 Salvation Army (Voucher)..... 636-3891
 Seventh Day Adventist Comm. Center 634-1682
 Springs Rescue Mission..... 632-1822

Crisis Centers

Aspen Pointe (Medicaid only) (crisis danger to self) 635-7000
 Domestic Violence (T•E•S•S•A) (24-hrs.) 633-3819
 Detox Center 390-2046 or 2047
 Emergency 911
 Lighthouse Crisis Center 572-6340

Counseling

Center on Fathering 634-7797
 Consumer Credit Counseling Services 576-0909
 Domestic Violence (T•E•S•S•A)..... 633-1462
 El Paso County Public Health..... 578-3199
 Genetic Counseling (Memorial Hospital) 365-5960
 Independence Center (Disabled) 471-8181
 Life Support Center 578-1222
 Neighborhood Justice Center 520-6016
 Norvell Simpson Community Center..... 385-7910
 PPACG 471-7080
 Restoration Church 382-8331
 Silver Key Senior Services 884-2350
 Vocational Rehabilitation (disabled)..... 635-3585

Emergency Services

Adult Protective Services 444-5755
 AspenPointe (mental health crisis) 572-6330
 Child Abuse Program (24 hour) 444-5700
 Manitou Springs Police Department (nonemergency)..... 685-5407
 Colorado State Patrol 635-0385
 Dept. of Human Services 636-0000
 KPC Kids Place (Respite Nursery) 634-5439
 Planned Parenthood..... 475-7162
 Senior Information & Assistance Center..... 471-2096
 Sheriff's Department..... 520-7100
 Silver Key Senior Services 884-2350

Employment and Training

Colo. Div. of Vocational Rehabilitation..... 635-3585
 Career Development Program..... 444-5000
 Ecumenical Social Ministries 636-1916
 Pikes Peak Workforce Center 667-3700
 Senior Community Service Employment Program..... 635-3579
 Urban League..... 634-1525
 Vocational Rehabilitation (disabled)..... 635-3585
 Women's Resource Center 471-3170

Financial Assistance

Eastern El Paso Comm. Center 347-2976
 Ecumenical Social Ministries
 (Zip Codes 80903, 05, 06, 07, 09, 10, 16, 26) 636-1916
 Mercy's Gate..... 277-7470
 Silver Key Senior Services 884-2300
 Tri-Lakes (Tri-Lakes area and District 38) 481-4864
 Walt Fortman Center..... 382-8515
 Westside Cares 389-0759

Flood Insurance Help and Information

United Policy Holders – Nonprofit Advocacy Organization
 Amy Bach, Executive Director (415)393-9990
 National Flood Insurance Program – Region 8 Administration
 Norm Ashford (505)235-4912
 Erin May (303)550-3658
 Superior Flood Services (Broker)
 Matt Herr (303)659-5006

Food

American Charities (80909)..... 646-3922
 Billie Spielman Center (80904)..... 385-7930
 Black Forest Lutheran Church (80908)..... 495-2221
 Corpus Christi Catholic Church (80903, 05, 07, 09) 633-1457
 Crossfire Ministries 447-1806
 Deerfield Hills Community Center 385-5996
 Divine Redeemer Catholic Church
 (Zip Codes 80907, 09, 10, 15, 16, 17) 633-5559
 Eastborough Food Pantry
 (Zip Codes 80903, 07, 09, 10, 15, 17, 18) 596-1929
 Eastern El Paso Comm. Center 347-2976
 Ecumenical Social Ministries
 (Zip Codes 80903, 05, 06, 07, 09, 10, 16, 26) 636-1916
 Ellicott Helping Hands (Rush, Peyton, Yoder, Ramah)..... 683-3240
 Fountain Valley 382-1182
 Golden Circle 387-6757 or 6734
 Good News Foundation..... 638-8985
 Good Shepherd United Methodist Church..... 392-5782
 Helping Hands (Falcon) 749-2090
 High Plains Helping Hands (Falcon, Peyton areas) 749-2146
 Holy Cross Lutheran Church (Zip Codes 80909, 15, 16) 596-0661
 Life Support Program 578-1222
 Manna Ministries 635-1057
 Marian Soup Kitchen..... 475-7314
 Meadows Park Community Center 385-7940
 Mercy's Gate..... 277-7470
 Mountain View Presbyterian Church 632-9664
 Rural Area Meals Program (RAMP) 520-6471
 Salvation Army..... 635-2213
 Salvation Army 382-1182
 Seventh Day Adventist Community Center 634-1682
 Silver Key Senior Services 884-2300
 Springs Rescue Mission..... 632-1822
 St. Dominic Catholic Church 392-7653
 St. John's Food Pantry..... 633-7017
 St. Patrick's Catholic Church..... 598-3595
 The Food Pantry 593-2433
 Tri-Lakes (Tri-Lakes area and District 38) 481-4864
 Trinity United Methodist Church 575-9287
 True Spirit Baptist Church 575-9287
 Walt Fortman Center..... 382-8515
 Westside Cares 389-0759
 W.I.C. Program, El Paso County Health 578-3225

Legal Information and Advice

Child Support Services (Young Williams)	457-6331
Colorado Child Protection Ombudsman	303-864-5111
Colorado Legal Services	471-0380
Consumer Credit Counseling Services	576-0909
El Paso County Bar Assoc. Lawyer Referral Service	636-1532
Neighborhood Justice Center	520-6016
Ombudsman (Long Term Care Facilities)	471-7080
State Protective & Advocacy (disabled)	1-800-288-1376
T-E-S-S-A (Domestic Violence)	633-1462
The Arc (Dev. Disabled)	471-4800

Medical

AIDS/Info. - Southern Colo. AIDS Project	578-9092
Billie Spielman Center (80904) (prescriptions)	385-7930
Center on Hearing, Speech & Language	597-3390
DNA Testing	457-6331
El Paso County Public Health	578-3199
Health Colorado	1-888-367-6557
Homeless Clinic	471-2789
LifeLine	1-800-684-3302
Peak Vista Community Health Center	632-5700
Memorial Hospital Health Link	444-2273
Medicaid Information	1-800-221-3943
Medicine Shoppe 2431 N. Union	630-3154
3159 W. Colorado Ave.	475-9030
2306 N. Wasatch	471-3600
1625 Medical Center Pt.	577-9800
Memorial Hospital	365-5000
PPACG Dental	471-7080
Peak Vista Dental Health Center	475-0783
Penrose - St. Francis Hospital	776-5000
Pikes Peak Partnership	633-4601
Planned Parenthood	
1330 Colorado Ave.	475-7162
3029 S. Academy	390-5411
3958 N. Academy Blvd.	573-8880
3480 Centennial Blvd.	475-7162
Rocky Mountain Health Care	457-0660
Social Security	1-800-772-1213
Westside Cares	389-0759
Your Child's Eyes Vision Center	329-1221

Shelter

Bijou House (transitional housing)	578-1629 or 635-5078
Colo. Coalition for the Homeless	(303) 293-2217
Greccio Housing	475-1422
Housing Authority	387-6700
Housing Authority (Calhan)	347-2616
Housing Authority (Fountain)	382-5639
IHN, <u>I</u> nterfaith <u>H</u> ospitality <u>N</u> etwork (shelter)	329-1244
Partners in Housing	473-8890
Salvation Army RJ Montgomery Center	578-9190
The Resource Exchange (Dev. Disabled)	380-1100

Transportation

Ambicab Para Transit (Disabled)	633-4677
Calhan Senior Services (Seniors)	347-2376
Fountain Valley Senior Center (Seniors)	520-6471
Medicaid Transportation	520-6905
Silver Key Para Transit (Seniors)	884-2380
Springs Mobility Para Transit (Disabled)	392-2396

Weatherization and Utilities

Billie Spielman Center (80904)	385-7930
Black Forest Cares	495-2221
Colorado Telephone Assistance Program	1-800-782-0721
Eastern El Paso Comm. Center	347-2976
Ecumenical Social Ministries	
(Zip Codes 80903, 05, 06, 07, 09, 10, 16, 26)	636-1916
Energy Resource Center	591-0772
Fountain Valley	382-1182
Holy Cross Lutheran Church (Zip Codes 80909, 15, 16)	596-0661
LEAP	442-0007
Mercy's Gate	277-7470
Red Cross	632-3563
Salvation Army	635-2213
Salvation Army	382-1182
Silver Key Senior Services	884-2300
Telephone Assistance Program	1-800-782-0721
Tri-Lakes (Tri-Lakes area and District 38)	481-4864
Walt Fortman Center	382-8515
Westside Cares	389-0759